

University of Birmingham
Interventional Pain and Cadaver Workshops

Faculty members

Dr Steve Amaresekera, Consultant Radiologist

MB BCHir MA (Cambridge), MRCP (London) FRCR awarded during specialist training in the West Midlands.

Dr Shyam Balasubramanian

I graduated in India in 1995 and have gained experience in pain management & anaesthesia from 3 continents. In the UK, I specialised in anaesthesia and pain management in East Yorkshire & Warwickshire Schools. I completed a one year Fellowship in Pain Management at the University of Western Ontario, London, Canada; a premier multidisciplinary pain management centre in North America. Currently I am working as a Consultant in Pain Management & Anaesthesia in University Hospitals Coventry & Warwickshire NHS Trust, UK.

Whilst in Canada I started using ultrasound for a variety of regional blocks. I developed interest in this area and subsequently introduced ultrasound guided blocks in the pain clinic in managing chronic pain conditions. Currently, in University Hospitals, Coventry, I am introducing ultrasound guided spinal interventions and other injection therapies in treating patients with persistent pain.

I have sound academic records and have authored 3 books in anaesthesia and pain management. I believe and practice evidence based pain medicine focusing on back pain, neuropathic pain and persistent pain conditions after surgery. My management also encompasses broader pain management strategies such as pain education, behavioural modification, simple exercises and coping strategies.

University of Birmingham
Interventional Pain and Cadaver Workshops

Dr Arun Bhaskar, Pain Medicine Consultant

Dr. Bhaskar completed his specialist training from the Northwest Deanery, UK in 2006 after graduating from the University of Kerala, India. In addition to the Royal College Fellowships in anaesthesia, pain medicine and intensive care, Dr. Bhaskar also has a fellowship in interventional pain practice. Dr. Bhaskar is also currently doing a PhD programme in Palliative Medicine at the University of Lancaster.

Dr. Bhaskar's special interests include complex pain including neuropathic pain, cancer pain, visceral & pelvic pain, pain interventions and neuromodulation. He has also a special interest in opioid management in complicated cancer pain as well as opioid-dependence and its management in the pain patient population. Dr. Bhaskar has been involved with several clinical trials in breakthrough cancer pain, neuropathic pain in cancer including chemotherapy-induced neuropathy and also in developing novel techniques for interventional treatment for complex cancer pain. He has been a contributing author towards the British Pain Society's "Cancer Pain Management" document. Dr. Bhaskar is on the faculty of many courses including the European Pain school and serves as section editor for Journal of Observational Pain Medicine.

Dr. Bhaskar is the current secretary of the World Society of Pain Clinicians and an elected member of the Council of the British Pain Society. He is also the executive liaison for Interventional SIG, Neuropathic pain SIG and Cancer pain SIG of the British Pain Society. He is also an elected council member of the Neuromodulation Society of UK & Ireland and also advises NICE on interventional procedures, cancer pain and is a co-opted member of the GDG for Care of the Dying. Dr. Bhaskar is also the immediate past-chair of the Northwest Pain Clinicians, UK and a member of the steering group of the Northern England Pain Society. He is also a member of the palliative care training advisory committee for Royal College of Physicians and also a member of the joint working group of British Pain Society and Association of Palliative Medicine.

University of Birmingham
Interventional Pain and Cadaver Workshops

Dr Swarupsinh Chavda, Consultant Neuroradiologist, MRI

Subspecialty expertise in ENT and ophthalmology and neuropsychiatry imaging. Qualified from Nairobi. Postgraduate training in the West Midlands and at National Hospital for Neurology and Neurosurgery in London.

Dr Surabhi Choudhari, Consultant Radiologist

Graduated from Pondicherry University, India. Completed subspecialist training in musculoskeletal radiology. Interest in diagnostic and interventional imaging for trauma and orthopaedics, hand surgery, sport medicine and rheumatology.

Dr Surabhi Choudhari

Consultant musculoskeletal radiologist

Dr Choudhary, specialist consultant musculoskeletal radiologist at the Queen Elizabeth Hospital, University Hospitals Birmingham NHS Trust. Special interests include imaging of joint diseases including sport related injuries of the knee, hip, shoulder, elbow, hand and wrist with MRI, Ultrasound and CT scan.

Dr Ron Cooper, Pain Medicine Consultant

I qualified from QUB in 1981 and have been consultant since 1993 in Anaesthesia & Pain Relief in Causeway and North West Independent Hospitals since 1993. My practice is mainly interventional based, utilizing a large range of interventional procedures, including spinal injections, radiofrequency techniques, trigeminal therapies, neuromodulation techniques (both drug delivery systems and SCS), disc targeted therapies and sacroiliac joint procedures.

I have been a past convenor of the N.I. Pain Society and am currently the Chairman of the Interventional Pain Medicine SIG at the British Pain Society. I am involved in teaching at local, national and international level.

University of Birmingham
Interventional Pain and Cadaver Workshops

Dr Teo Goroszeniuk, Pain Medicine Consultant

Dr Goroszeniuk runs a busy private pain management and neuromodulation practice from his consulting rooms at 18 Wimpole Street, London. He also sees patients at numerous hospitals around London. He is a senior pain doctor who has worked many years in the NHS. He regularly receives referrals from pain management colleagues seeking his expert opinion on patients with complex pain conditions. He is a leading expert in advanced neuromodulation treatments with a special interest in peripheral neuromodulation. He regularly lectures and organises meetings and workshops on the topic of neuromodulation, both nationally and internationally.

Dr Thomas Haag

Interventional Pain Medicine (spinal injections, trigger point injections etc); Radio-frequency (RF) procedures; Back pain; non-surgical management of Knee, Hip and Shoulder pain; Neuropathic pain; Headache, incl. Trigeminal Neuralgia; widespread pain conditions (Fibromyalgia); Pain Management Programme; close interdisciplinary relations with spinal, orthopaedic, general Surgery and Rheumatology.

Dr Tony Hammond

Dr Anthony Hammond trained in General Medicine and Rheumatology at The Royal National Hospital for Rheumatic Diseases (Bath), Bart's Hospital, London and undertook doctoral research in SLE at The Royal Postgraduate Medical School (Hammersmith Hospital), London.

In addition to experience with arthritis, gout, SLE and other rheumatological disorders, he is an expert in interventional spinal pain management, lecturing and teaching extensively and is a faculty member with the International Spinal Intervention Society (ISIS) amongst others.

He has particular expertise in the minimally invasive management of sciatica and back pain related to intervertebral disc damage including with day case percutaneous and endoscopic disc decompression and discectomy techniques.

University of Birmingham
Interventional Pain and Cadaver Workshops

Dr Dalvina Hanu-Cernat

(Course Convenor)

Dr Hanu-Cernat qualified in Medicine in 1989 and trained in Anaesthesia in Birmingham. She is a Fellow in Interventional Pain Practice (FIPP) through examination of the World Institute of Pain. She is a founder member of the Faculty of Pain Medicine of the Royal College of Anaesthetists.

Dr Michael Hess

Dr. G. Michael Hess, M.D. is board certified for orthopedic surgery and pain therapy. He graduated from Medical School at the University Dusseldorf in 1995, completed his residency in St. Moritz, Switzerland, and at the Spine Center at Orthopaedische Klinik Muenchen-Harlaching. After a fellowship in spine surgery and interventional radiology at the University Hospital in Quebec City, Canada, he was appointed Head of the Back Pain Center at Orthopaedische Klinik Muenchen-Harlaching in 2001. In 2003 Dr. Hess went into private practice and is consultant at Beta-Klinik, Bonn, where he is responsible for minimal-invasive spinal surgery and interventional pain therapy.

He is performing all kind of injection procedures in the cervical, thoracic and lumbar spine including heat treatment of facet joints and discs.

For more than 10 years his main interest is in endoscopic procedures, where he has a broad experience in several techniques and approaches.

Dr. Hess is a member of many international organizations and institutions focusing on interventional and surgical treatment of the spine. From 2006 to 2015 he was president of the German Interventional Spine Society. He is a member of the German Spine Society, a member of the British Pain Society, and founding member of the World Federation of Minimal Invasive Spine

University of Birmingham
Interventional Pain and Cadaver Workshops

Surgery and Techniques Societies. Since 2003, he has been the Master Instructor of the International Spine Intervention Society (SIS) in the United States and Europe, and a co-organizer of European SIS workshops in Amsterdam, Netherlands.

Mrs Bev Hudson

(Course Organiser)

Dr Sandeep Kapur, Consultant Anaesthetist, Pain Management Specialist

(Course Organiser)

A specialist in chronic pain management with a special interest in neuromodulation. Dr Kapur has been a consultant since 2007 at Dudley NHS Trust and joined UHB to develop a spinal cord stimulation service.

Dr Andrej Kroll, Consultant Anaesthetist

Dr Krol is a consultant anaesthetist with a special interest in ultrasound guided interventions for pain management and in interest in regional anaesthesia.

Dr Krol graduated from the University of Warsaw School of Medicine in 1991 and was awarded an MD. He became a specialist in anaesthesia and intensive care in 1998 and in palliative medicine in 2000. In addition, he obtained the European Diploma in anaesthesia and intensive care in the same year.

Andrzej joined St George's as a clinical pain fellow in 2004 and became a consultant in anaesthesia and pain medicine in 2005.

He has driven the implementation of a multimodal approach to pain management at St George's Hospital which includes pharmacotherapy,

University of Birmingham
Interventional Pain and Cadaver Workshops

therapeutic and diagnostic interventions and require close co-operation with psychologists and physiotherapists.

Andrzej has a strong educational and research background and leads a very successful course in regional anaesthesia.

He acts currently as Clinical Lead for Regional anaesthesia.

Dr Abdul Lalkhen, Consultant in Anaesthesia and Pain Medicine

Dr Lalkhen is a Consultant in Anaesthesia and Pain Medicine at Salford Royal NHS Foundation Trust and leads the Spinal Cord Stimulator Service. He is also responsible for medical education within the Pain Centre. He is an Associate Foundation Programme Director and an Honorary Lecturer at the Universities of Manchester and Salford. Abdul has co-authored the Clinical Anaesthesia Viva Book (2nd Edition) and published review articles on statistics and perioperative peripheral nerve injuries.

Dr Rajesh Munglani, Pain Medicine Consultant

Dr Munglani qualified from St George's Hospital, University of London. He was appointed John Farman Professor of The Royal College of Anaesthetists in 1996 for his contribution to pain research. He was a lecturer at the University of Cambridge and Director of the Pain Relief Service at Addenbrooke's Hospital before eventually becoming Lead Consultant in Pain Medicine at the West Suffolk Hospital in Bury St Edmunds. He publishes and lectures in the field of chronic pain, with particular emphasis on basic science and chronic spinal pain including persistent back pain, whiplash injury and Complex Regional Pain Syndromes. In 2009 - 2010 He became an officer for the Interventional Pain Medicine Group of the British Pain Society, and in 2011 was elected to the council of the British Pain Society.

Dr Sherdil Nath, Pain Medicine Consultant

Qualified in New Delhi India 1966

Worked UK 1968 to 77 Norwich, Manchester, Cambridge

University of Birmingham
Interventional Pain and Cadaver Workshops

FRCA 1973, moved to Sweden 1977

Consultant University hospital, Umeå, Sweden 1977 onwards.

Involved in Pain therapy since 1972 with spinally mediated pain, especially precision diagnostics and radio-frequency are my main research interests.

I have been teaching and running minimally invasive pain therapy, including cadaver courses in many countries for the last 15 years.

Dr Arasu Rayen, Pain Medicine Consultant

Dr Rayen is currently the Editor of Pain News and was the Clinical Director of the Pain Management department at Sandwell and West Birmingham NHS Trust, leading and promoting MDT assessment and treatment of patients with chronic pain. He is founder and chair of West Midlands Pain Management Consultant forum

Dr William Rea, Consultant in Pain Management

Dr Rea became consultant in 2012 and has an interest in abdominopelvic pain. Dr Rea holds pelvic pain clinics at UHB and Birmingham Women's Hospital. He is also an anaesthetist at the Royal Orthopaedic Hospital and also college tutor for anaesthesia.

Dr Aabha Sinha, Consultant Radiologist

All aspects of Musculoskeletal radiology including ultrasound, CT, MRI, arthrograms and interventional procedures, general radiology.

MB BS, FRCS(Glasgow), FRCR

Dr Sinha undertook her radiology training in Oxford. She did a fellowship in musculoskeletal imaging at the Nuffield Orthopaedic Centre in Oxford.

University of Birmingham
Interventional Pain and Cadaver Workshops

Dr Simon Tordoff, Pain Medicine Consultant

Dr. Simon Tordoff graduated from the University of Cape Town Medical School in 1980, and spent seven years working in South Africa in surgical, medical and anaesthetic fields.

In 1987 he moved to the United Kingdom and underwent his specialist anaesthetic training. He was awarded the Fellowship of the Royal College of Anaesthesia in June 1989. In 1993 he spent a year as Pain Fellow at the Flinders Medical Centre in Adelaide, South Australia.

He was appointed as consultant in anaesthesia and pain management at Northampton General Hospital in August 1994, and he practised there for seven years. He moved to Leicester in 2001 to take up a post at the Leicester General Hospital. He is also based at the LOROS Hospice where he assists in the management of patients with cancer-related pain.

Dr Stephen Ward